



THE ACTIVE LIVING COALITION FOR OLDER ADULTS
ALCOA'S QUARTERLY UPDATE - NUMBER 4 - SEPTEMBER 2005

**CANADA SENIOR GAMES
ASSOCIATION**

An ALCOA Roundtable Member
By Gary Black, President, CSGA

The Canada Senior Games is a nation-wide program to sponsor and promote wellness and active living, among Canadians over the age of 55. Our goal is to produce a lasting influence on the knowledge, attitudes and behavior of older adults in Canada. The vision of the Canada Senior Games is to promote participation by all seniors in an active and enjoyable lifestyle.

The first national Games were held in Regina in 1996, and since then have been held in Medicine Hat (1998), Summerside (2002) and Whitehorse (2004).

The Games span a wide range of physical and mental challenges, from Slow-pitch Softball to Contract Bridge, from Darts to Lawn Bowling, and from Snooker to Track and Field. These events bring together amateur competitors who participate for the sheer joy of competition, for the opportunity to visit other parts of Canada, and for the camaraderie and social interaction that are an integral and essential part of the national Senior Games. The 700-1,000 seniors who participate in the Games representing their respective provinces or territories are but a small part of over 100,000 seniors who actively participate in local events leading up to the national games.

Join us in Portage la Prairie, Manitoba
August 29 - September 2, 2006.

Web Site: www.csga.info

Volunteer Spotlight
Jack Brownell

Jack Brownell was elected Chair of ALCOA in June 2005. Jack has been an ALCOA Board member (Guardian) since 2001 and prior to becoming Chair he was Vice-chair of the Board

Highlights of Jack's career and education are given below:

- Chair - New Brunswick Sports Hall of Fame Selection Committee
- Presenter - The 17th Congress of the International Association of Gerontology, Vancouver, July 1-6, 2001
- Presenter - ALCOA National Forum, Regina, SK May 2002
- President- Canadian Senior Games Association
- President - New Brunswick Seniors Games Association
- President - New Brunswick Golf Association
- President - New Brunswick Recreation & Parks Association
- President- Recreation Society Atlantic Canada
- President - New Brunswick Volleyball Association
- Board of Directors- Riverside Country Club
- Board of Directors- Sport New Brunswick
- Board of Directors Canada Games Aquatic Center
- Coordinator- Saint John Bid -1985 Canada Games
- General Manager (Interim) – 1985 Canada Games
- 1961-1974 - Teacher-Board of School Trustees- Saint John High School Physics, Chemistry, Teacher & Dept. Head (Physical Education)
- 1974-1996 - Director, Department of Recreation & Parks, City of Saint John, N.B.
- Oct 1996-to present - retired

Education:

- Bachelor of Physical Education (UNB)
- Bachelor of Science (UNB)

Diploma Credentials:

- Management Principles:
Time Management, Personal Management, and Financial Management

ALCOA HEALTH POLICY COMMITTEES (HPC)

ALCOA has established four HPCs to help advance the Healthy Living Strategy. The HPCs will look at the strategic directions of the Healthy Living Strategy framework and will come up with recommendations on how active living for older adults could be advanced.

The HPCs draw on a wide range of ALCOA partner organizations and the composition of the HPCs is given below:

HPC-A *(Leadership and Policy Development)*

Gareth Jones, Chair (Canadian Centre for Activity and Aging)

Judy Asker (Active Living Alliance for Canadians with a Disability)

Jill Pritchard (Osteoporosis Canada)

Michelle Porter (Canadian Society for Exercise Physiology)

Gisèle Tennant (YMCA)

HPC-B *(Knowledge Development and Transfer)*

Darene Toal-Sullivan, Chair (Canadian Association of Occupational Therapists)

Clara Fitzgerald (Canadian Centre for Activity and Aging)

Jean-Guy Mercier (Fondation en Adaptation Motrice)

Sheila Schuehle (VON Canada)

HPC-C *(Community Development and Infrastructure)*

Archie MacKeigan, Chair (ALCOA Older Adult Advisory)

Margaret Barbour (Manitoba Cardiac Institute)

(TBA) Saskatchewan Seniors Mechanism

Keiko Miki (Canadian Ethnocultural Council)

HPC-D *(Public Information)*

Don Wackley, Chair (Ontario Coalition of Senior Citizens Organizations)

Bill Krever (Older Adult Centres' Association of Ontario)

Linda Kremer (Canadian Physiotherapy Association)

Anne Skuba (ALCOA Older Adult Advisory)

Stephanie Smith (Canadian Parks and Recreation Association)